

ESTATE PLANNING NEWSLETTER

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What is a Living Will?

A living will is a written statement detailing a person's desires regarding their medical treatment in circumstances in which they are no longer able to express informed consent, especially an advance directive.

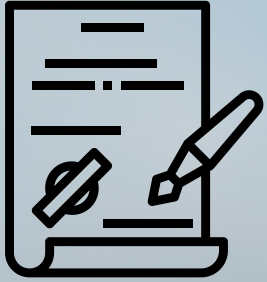
Source: Google

DID YOU KNOW?

In 1976, California became the **first** state to establish a law that defines living wills, through its **Natural Death Act**. Following this, in the late 1980s, most states had passed comparable laws. At present, 47 states have statutes that permit living wills.



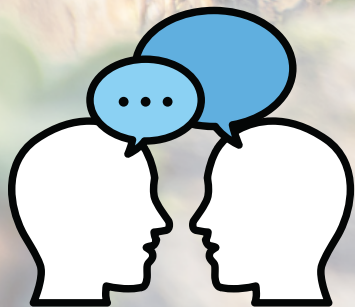
Living Will Facts



It does not function the same as a Last Will and Testament.



It outlines several medical care instructions or wishes.



It is needed when a seriously ill person becomes unable to communicate his/her desires.

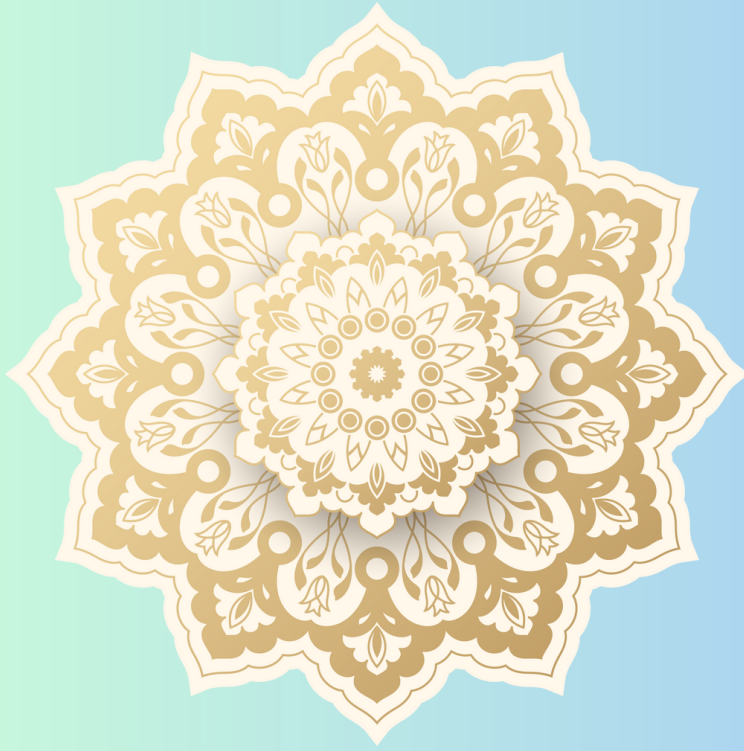
Living wills and other advance directives are written, legal instructions regarding your preferences for medical care if you are unable to make decisions for yourself. Advance directives guide choices for doctors and caregivers if you're terminally ill, seriously injured, in a coma, in the late stages of dementia or near the end of life.

Advance directives aren't just for older adults. Unexpected end-of-life situations can happen at any age, so it's important for all adults to prepare these documents.

By planning ahead, you can get the medical care you want, avoid unnecessary suffering and relieve caregivers of decision-making burdens during moments of crisis or grief.

You also help reduce confusion or disagreement about the choices you would want people to make on your behalf.

Source: <https://www.mayoclinic.org/healthy-lifestyle/consumer-health/in-depth/living-wills/art-20046303>



Ramadan Mubarak

*to our Muslim
brothers and sisters*

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